



Katie Hampton

Accredited Music Therapist

Individual and group sessions available in K-W and Guelph

Music therapy is the clinical use of music to improve a person's quality of life. Music therapists work with a wide range of people, from the very young to the elderly. Children and adults with a wide variety of special needs including: autism, developmental delays, speech delays, physical and cognitive challenges can all benefit from music therapy. Music therapy sessions are designed and implemented to meet each individual's needs. The use of instrumental improvisation, rhythmic and vocal activities, song writing and creative movement activities are some examples of interventions that music therapists use. Clients are given the opportunity to play various percussion instruments, and engage in singing and vocal improvisation.

Need Information or want to sign up?

Call Katie at 519-807-1229 or email: katie.hamptonkh99@gmail.com

Katie would love to answer any questions you may have!

For individuals aged 2+ years

