

## SPECIAL SERVICES AT HOME (SSAH) FACT SHEET

### HOW CAN I USE MY SSAH FUNDING?

To purchase services of a **support worker** to provide Respite and/or Personal Development & Growth.

To cover fees for registration and **additional supervision** to enable the person with special needs to attend **day or residential camps** and **recreational programs**.

To cover the cost of **additional supervision** to enable a person with special needs to attend **mainstream recreational programs** and other activities.

To cover the **extraordinary costs of childcare** for school age children. The family must cover the normal costs of childcare and may bill the extraordinary costs arising from the disability, against the SSAH funding approval. Childcare costs for disabled individuals over the age of 12 is always considered extraordinary and may be billed in full against the SSAH funding approval.

To reimburse the SSAH worker for **transportation expenses** to transport the person with special needs in the local community to fulfil developmental or respite goals.

For **Adult day programs**.

In **combination** with another person or family's SSAH funding.

To help with **planning and facilitation**; (e.g. organizing prevocational activities, or transition planning for youth leaving school)

To help individuals with special needs to make the transition from their family home to their own home in the community.

To help individuals with special needs, in certain living situations outside of the family home, to be more involved in the community.

To use for temporary stays at hospital to provide continuity of care and activities related to personal development and growth, services that are not typically provided by hospital staff.

#### **Respite**

To purchase **in-home or out-of-home respite**.

To purchase **nursing respite**, if the need is indicated by a professional assessment.

To provide **supervision to other family members** so you have more time for your family member with special needs; or to enable you to take some time away from caregiving.

To help with **routine homemaking tasks** such as light housecleaning, meal preparation, laundry, grass cutting, and snow shovelling so that you have more time for your family member with special needs or for other family activities.

### WHO CAN I HIRE?

A Special Needs Worker that you hire on your own.

A worker employed through an agency.

SSAH funding can now be used to hire eligible family members age 18 and over as long as this person is not the primary caregiver, parent, step-parent or spouse.

A worker can be hired by contacting Respite Services at (519) 821-8089, extension 205 or by accessing the website at [respiteservices.com](http://respiteservices.com).