

Sunset Club



a Recreation Program of

**Community Living
Guelph Wellington**

**Held weekly at
ARC Industries
8 Royal Road
Guelph, On**

**Information Line
519-824-7147 X 300**

**Contact Person:
Mary Strimas
Coordinator
519-822-9280 X 225**

Program Description

Sunset Club is a social club for adults already receiving support through Community Living Guelph Wellington.

Sunset Club participants get together weekly from September to June on Tuesday evenings, usually at ARC. Some activities are arranged to take place in other locations, such as a restaurant, bowling alley, the arena, etc. There is a small fee to attend Sunset. Along with a variety of activities, there is a snack and beverage provided. The Sunset Club schedule is prepared in advance so that participants can choose which evening they would like to attend.

The Sunset Club information line is a recorded message that is updated weekly by the Sunset Club Support Worker.

Goals of Sunset Club

- To provide organized recreational activities.
- To expand social skills
- To facilitate friendship
- To provide a fun and interactive program
- To provide a safe environment to have new adventures
- To provide an opportunity to help others
- To promote community inclusion and accessibility